

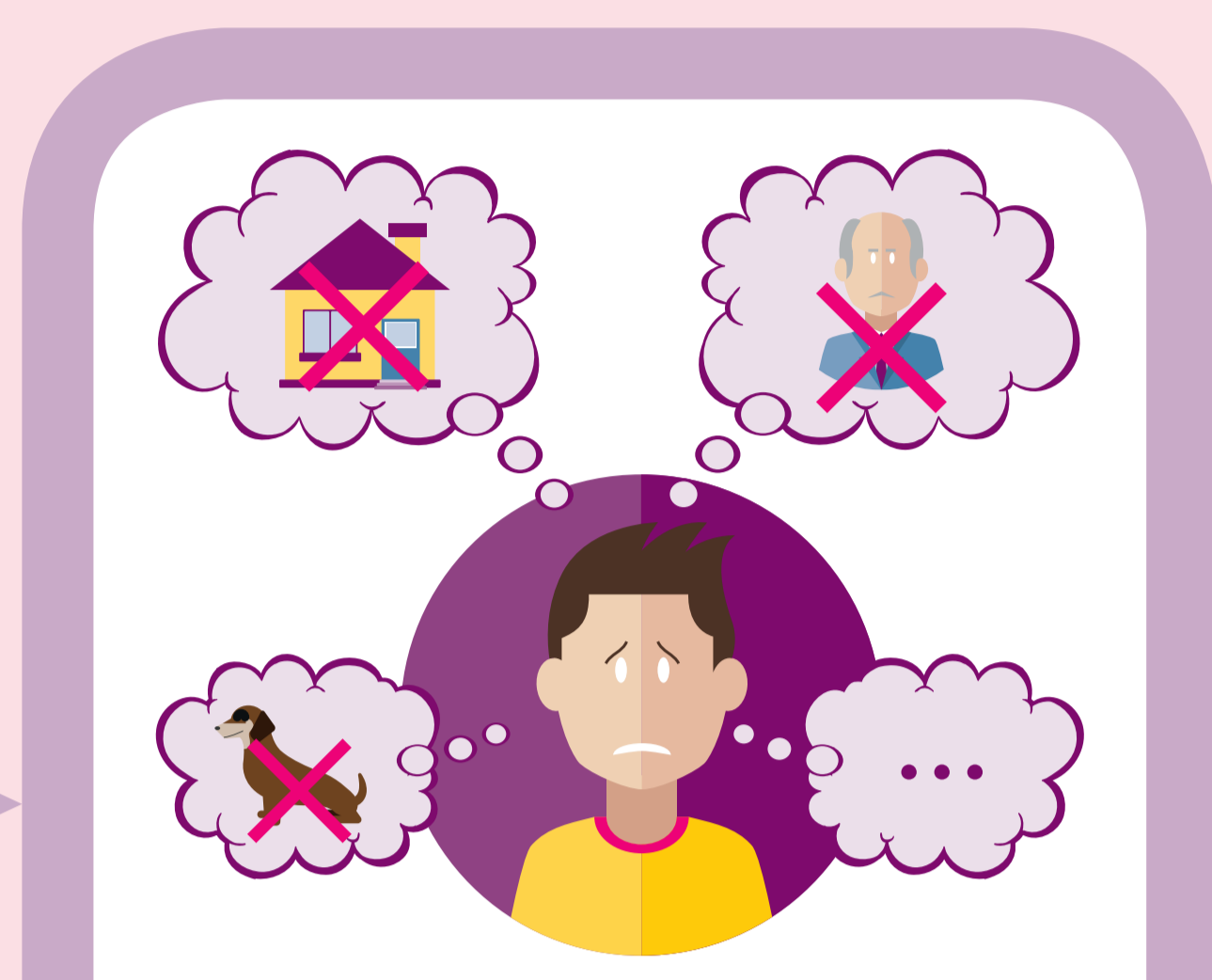


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THE LOSS AND GRIEF TRAINING COURSE

A STUDY INTO THE CHANGE IN SELF-EFFICACY AMONG STAFF AFTER A GRIEF SUPPORT TRAINING COURSE

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Effective grief support enhances the quality of life of people with intellectual disabilities.



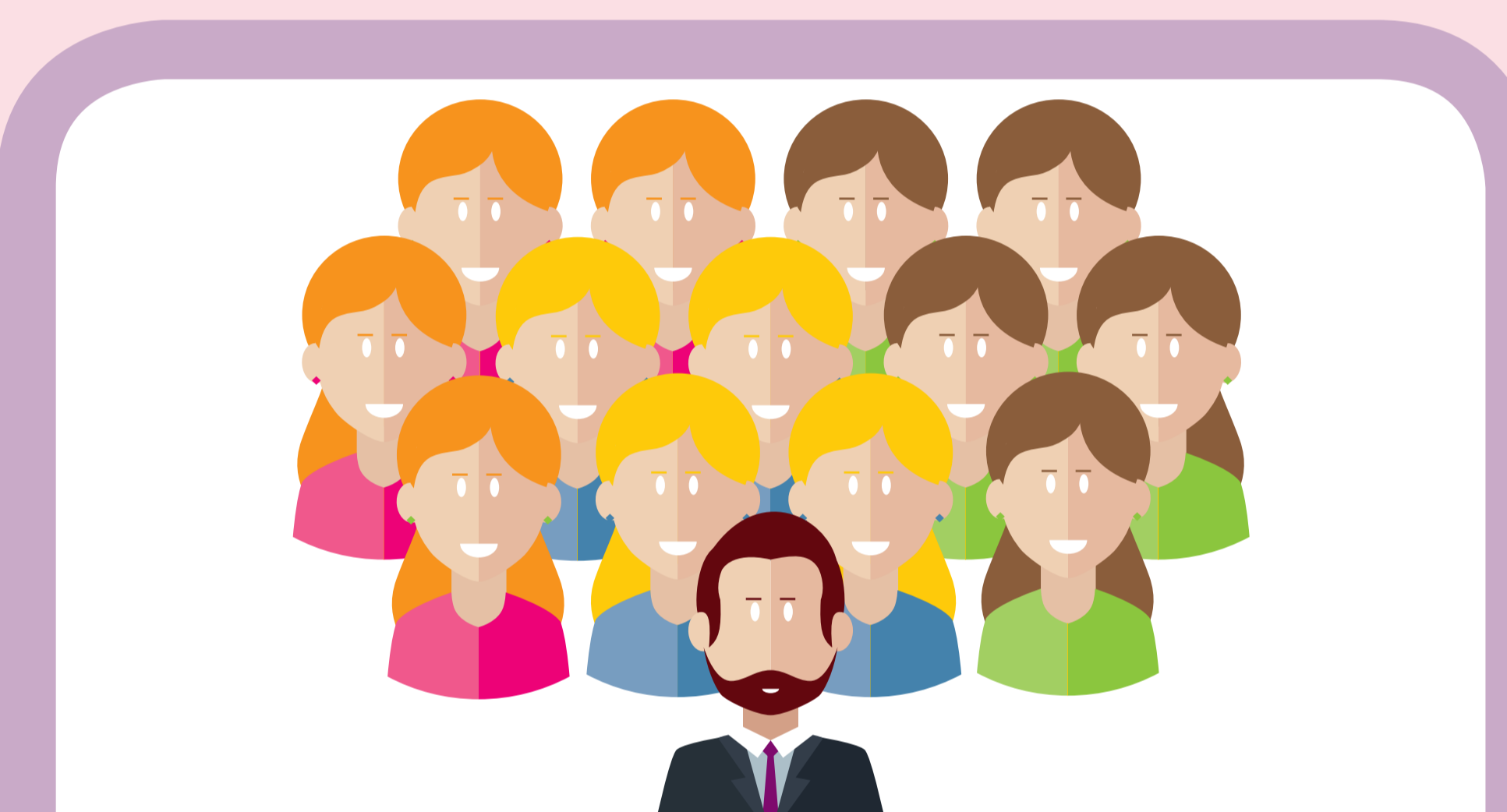
Among staff, there is a need for training in practical skills and strategies for supporting people with intellectual disabilities after loss and bereavement.



Within a cross-case synthesis the Grief Cube was developed: a tool to facilitate communication between people with intellectual disabilities and staff about loss, bereavement and grief.



The participants' self-efficacy is analysed using questionnaires with a pretest-posttest design, an evaluation form, and open-ended interview questions.



Ten staff teams from two intellectual disabilities services are trained (n=109). From each team, two staff members are interviewed before and after the training course (n=20).

The Grief Cube was embedded in the Loss and Grief Training course. Currently, a study is being conducted aiming to measure the change in the self-efficacy of staff before and after the training course.



After all ten teams have been trained, it will be determined whether a change has taken place in the self-efficacy of the participants.



Depending on the results, recommendations will be made regarding the future design of the Loss and Grief Training Course.

This study is being conducted in collaboration with the Grief and Loss team of Sherpa and Amerpoort, Adem Aygün (expert by experience), dr. Wim Smeets and prof. Michel Wensing from the Radboud University Nijmegen Medical Centre.

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